



## West Auckland SPACE

The SPACE programme is aimed mainly at first time parents and their babies, and has been designed to support parents through the first year of their child's developmental journey. The programme runs weekly for 3-4 terms (i.e. 30-40 weeks). The sessions are run by facilitators who have knowledge, experience, and training in early childhood care and education.

Infants join the SPACE programme around 0-3 months of age. There may be opportunities for older babies to join in with an existing SPACE session depending on the availability of places.

Weekly sessions include:

- The opportunity to meet and get to know other new parents.
- Discussions on relevant child development and parenting topics.
- Play sessions with equipment that supports infants' learning and development.
- Rhymes, music and books for infants.
- Guest speakers – First Aid, Baby Massage, Water safety, Sun care etc
- Baby crafts – plaster prints, embossed hand/footprints etc.

Our qualified facilitators, along with other professionals, enjoy sharing their collective knowledge and experience with the group. Reading material and ideas for home-made resources are provided.

Parents love the support and ongoing friendships they make at SPACE. They also love the ideas and confidence that builds as they interact with baby in a supportive environment.

How to enrol:

Enrolment forms and the current programmes available can be downloaded from our Facebook group.

<https://www.facebook.com/groups/476218675729314/>

Please send completed enrolment forms to:

Caroline Bing  
[space@teakoranga.org.nz](mailto:space@teakoranga.org.nz)

Or phone Te Akoranga Playcentre Association 09 838 8849 to enquire further.  
More information at [space.org.nz](http://space.org.nz)